

Curriculum - Mini Kick
Activity \# - 114

| Game Title: | Traffic Lights | Game Theme: | Cars |
| :--- | :--- | :--- | :--- |
| Learning Outcome(s): | Develop physical literacy and ball control |  |  |



## Organization:

1. $20 \times 20$ yard area set up as shown
2. 12 players set up as shown
3. 1 ball per player

## Story/Description:

1. Before driving a car (ball), all drivers (players) must pass their test. The coach asks the drivers what to do if they see a red light, a yellow light or a green light. Coach then gives each driver their license to put in their sock.
2. When the coach yells "Green light" all drivers drive their car around the parking lot. When the coach yells "yellow light" all the driver have to go slow and when the coach yells "red light" all the drivers have to stop
3. Drivers should always be on the look out for the police (coach) who could come at anytime making a siren sound
4. Any drivers that are caught, get a ticket

## Coaching Points:

1. Make sure you stay in control of your car
2. Watch out for other cars on the road
3. Don't go through any red lights because the police might see you

## Developments:

1. P - "Super Green = Super Fast"
2. $P$ - Drivers have to reverse out of the parking spot
3. $P$ - Drivers have to put gas in their car by putting one foot on the ball then the other as fast as they can
